

	BSP (Bone-Specific Alkaline Phosphatase)				CTX1 (C-terminal Telopeptide of				DPD (Deoxypyridinolin)				GEN HYP (Hydroxyproline)				HPT (Haptoglobina)		
Training participants ID	BEFORE	AFTER	UNIT		BEFORE	AFTER	UNIT		BEFORE	AFTER	UNIT		BEFORE	AFTER	UNIT		BEFORE	AFTER	UNIT
1T	365,1279	211,9419	pg/ml		0,190424	0,246269	ng/mL		0,783259	0,700189	ng/ml		5084,94	4864,166	ng/ml		33,40982	53,48178	ng/ml
2T	327,1257	39,723939			0,623027	0,723939			0,390695	0,672376			4376,087	4134,586			10,80644	10,50988	
3T	276,5394	156,80727			1,241819	1,018588			0,363779	0,939458			2944,129	3357,593			17,24298	17,35289	
4T	182,5309	128,18248			0,616632	0,594266			0,283777	0,548235			4308,696	4704,92			19,43104	18,62978	
5T	135,5989	157,20823			0,891611	0,91677			0,30656	0,414105			2876,965	3196,246			15,33234	9,645779	
6T	242,8167	199,69644			0,725439	0,748104			0,817384	0,991359			2928,185	3089,899			17,56646	10,81008	
7T	231,0907	114,11414			0,244654	0,229579			0,565526	0,698953			5368,931	5071,298			31,67676	26,99409	
8T	341,9732	190,7355			1,071895	0,649799			0,595229	0,661967			4229,255	4398,225			10,51108	9,917063	
9T	477,7986	411,23533			0,993063	1,035695			0,76884	0,165548			3722,265	3800,606			74,06887	30,12622	
10T	335,1613	235,99028			1,254726	1,563088			0,55232	0,311837			3092,834	3037,001			18,24311	23,56706	
11T	291,7877	308,78447			1,400003	1,3583			0,528058	0,193743			3606,504	3784,535			21,15765	19,18475	
12T	219,9575	135,31057			0,796498	0,834327			0,361442	0,477513			3247,11	3942,868			13,49906	17,08727	
13T	253,7665	190,00236			0,857157	0,81191			1,505899	1,67094			4047,402	4292,546			17,27146	16,66538	
14T	174,0579	207,05226			1,193944	1,387568			0,364998	0,425906			2618,748	3291,3			12,02567	26,05845	
15T	135,4067	115,52488			1,396552	1,222358			0,465559	1,001624			2664,19	3175,597			15,58794	11,02661	
Non-training participants ID	BEFORE	AFTER	UNIT		BEFORE	AFTER	UNIT		BEFORE	AFTER	UNIT		BEFORE	AFTER	UNIT		BEFORE	AFTER	UNIT
1NT	126,1557	143,75447	pg/ml		10,62097	13,50323	ng/mL		0,72402	0,769688	ng/ml		3844,078	3842,534	ng/ml		12,11889	7,141434	ng/ml
2NT	239,4505	154,94348			10,08845	10,60293			0,303658	0,575896			4458,088	4632,47			22,27092	28,97415	
3NT	359,854	156,69785			7,510454	7,673708			0,48599	0,274982			4185,765	3134,347			24,94762	26,56975	
4NT	114,9328	168,34737			5,246845	5,304471			0,522098	0,51094			4152,119	4035,883			23,28489	35,38607	
5NT	105,2724	251,35085			12,33018	12,16924			0,601596	0,67705			2403,034	2583,917			20,18954	23,78165	
6NT	130,6848	124,05708			11,84323	13,77398			1,046302	0,906265			3091,452	3566,399			18,1688	21,06137	
7NT	59,77835	119,92007			13,91613	13,58027			0,41811	0,221929			3178,92	3625,716			16,36651	22,32647	
8NT	49,02247	105,46251			14,7545	12,86686			0,438768	0,015631			4413,661	4883,326			19,36378	17,97928	
9NT	150,748	190,7355			11,73135	12,82043			0,557276	0,153101			3201,507	3086,452			14,13606	12,92325	
10NT	291,7279	210,73943			8,044462	8,679767			0,292435	0,829389			3025,758	3163,96			35,17509	24,76888	
11NT	155,2913	244,62823			13,56744	13,07057			1,253663	1,175895			2939,229	2859,381			24,08226	18,79759	
12NT	295,5059	86,012364			10,36146	9,712844			0,585473	0,777419			3535,857	2965,8			26,27892	25,06449	
13NT	41,05398	0			9,146111	8,427897			1,56247	0,700189			4788,325	4216,41			16,64254	20,24769	
14NT	79,75206	45,803368			15,18267	11,60756			0,038021	0,662922			2625,22	3433,59			22,9094	23,74584	
15NT	78,69003	109,8831			13,20874	11,16346			0,947256	0,91613			2499,126	3214,441			32,01676	15,54702	
16NT	31,22812	43,214521			13,99866	13,81397			0,526691	0,736335			3512,24	3354,578			12,25588	20,5093	
17NT	118,8523	193,08202			14,03283	11,72478			0,844189	0,18312			2505,694	3430,474			18,88513	43,74902	
18NT	301,1711	178,15475			5,811522	6,224913			0,470107	0,412703			4064,515	4351,542			36,71065	43,99897	
19NT	1229,141	1365,4552			10,64672	10,69572			23,23716	28,91367			2850,916	3347,395			71,31837	27,1142	